

## JANUARY

<b>SAT</b> 19	Shelly-Ann Fraser-Pryce 5K Penwood Church, Waterhouse	7:00 AM
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## FEBRUARY

<b>SUN</b> 03	The Heart Foundation of Jamaica Run For Your Heart 5K Emancipation Park, New Kingston	7:00 AM
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<b>SUN</b> 17	Sagikor SIGMA Corporate Run Emancipation Park, New Kingston	7:30 AM
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## APRIL

<b>SUN</b> 14	Everyone's A Winner / Running Events 5K & 10K Hope Botanical Gardens	6:00 AM
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## MAY

<b>SUN</b> 05	Law Enforcement Torch Run Police Officers' Club	6:30 AM
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<b>SUN</b> 19	Food For The Poor 5K Emancipation Park, New Kingston	6:00 AM
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## JUNE

<b>SUN</b> 02	Tru-Juice Cross Country 5K Bog Walk, St. Catherine	7:00 AM
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<b>SUN</b> 16	Everyone's A Winner / The Best Dressed Chicken 5K & 10K Hope Botanical Gardens	6:00 AM
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<b>SAT</b> 29	School's Out 5K Venue TBA	5:00 PM
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# RUNNING EVENTS JAMAICA



## ROAD RUNNING CALENDAR

# 2019

## SEPTEMBER

<b>SAT</b> 14	Colour Me Happy Powder Run Hope Botanical Gardens	4:00 PM
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<b>SAT</b> 21	CUMI Come Run 5K Run/Walk & 10K Run The Tryall Club, Hanover	6:30 AM
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## OCTOBER

<b>SAT</b> 05	Digicel 5K For Special Needs Kingston Waterfront	7:00 PM
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<b>SUN</b> 20	Burger King Portmore 5K, 10K & 4x1500m Relays Portmore Mall, St. Catherine	6:30 AM
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<b>SUN</b> 27	ICWI Pink Run Emancipation Park, New Kingston	6:30 AM
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## NOVEMBER

<b>SUN</b> 10	CB Group UWI 5K & Smart Eggs Kids K UWI Mona Campus	6:30 AM
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<b>SAT</b> 16	Civil Service Week 5K Emancipation Park, New Kingston	6:30 AM
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## DECEMBER

<b>SUN</b> 08	Reggae Marathon, Half Marathon & 10K Long Bay Beach Park, Negril	5:15 AM
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## JULY

<b>SUN</b> 14	Welcome To Kingston 5K, 10K & 15K Kingston Waterfront	6:00 AM
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<b>SUN</b> 28	Guardsman Games Hope Zoo	7:00 AM
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## AUGUST

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**Z** SUMMER BREAK

## Race Information & Registration

RunningEventsJa.com  
info@runningeventsja.com  
(876) 967-4903

