ENTRY FORM

Run For Your Heart 5K

Sunday, February 3, 2019
Emancipation Park, New Kingston
Race Start - 7:00am

Receipt No.:

Select Race Event: ☐ 2K RUN ☐ 5K RUN ☐ 5K WALK ☐ ROUN' DI TRACK

Last Name | **First Name** | M.I.

Date of Birth (Day) (Month) (Year) | ***Age*** (Race Day) | ***Sex*** (M/F) | ***Contact Number***

Email

Corporate Team / Club / Family Name

EMERGENCY CONTACT

Last Name | **First Name**

Contact Number | ***Medical Condition***

Indemnity (All Participants must sign this Waiver):

In consideration for me being permitted to participate as an entrant or competitor in the Run For Your Heart 5K, I, my heirs, executors and administrators hereby release, waive and keep indemnified Running Events Jamaica, The Heart Foundation of Jamaica and all clubs, associations, companies, sponsors, participants, competitors, entrants, and all of their respective agents and servants from and against all actions, claims, costs, expenses, demands in respect of death, injury, loss or damage to my person or property howsoever caused by arising out of my permission to attend, or in any way participate during or subsequent to the said Run For Your Heart 5K whether as spectator, participant, or competitor, entrant or otherwise, notwithstanding that the parties abovementioned, their servants and/or agents may have contributed to the aforesaid injury, death or loss. I agree to receive race information and updates via electronic delivery, in addition to having race results, inclusive of some entry information, posted to our results platform post-race, which is also available to the public. Further, I grant full permission to any or all of the releases to use any photographs, video tapes, motion pictures, recordings, and any other record of this event for any legitimate purpose. Run For Your Heart 5K retains the property in all photographs, video and audio material arising from the event and reserves the right to use all such images and sound as it sees fit for legitimate purposes without my consent. If the participant is younger than 18 years old, a parent or guardian should accept the Indemnity.

Signature: _____ Date: _____

If you are under the age of 18, you must have a parent or guardian's signature.

Heart disease is the leading cause of death in Jamaica. The Run For Your Heart 5K provides an opportunity for Jamaicans to come together with family and friends to support the fight against heart disease. The 5K will provide a platform to raise awareness whilst allowing everyone the opportunity to learn ways to reduce their risk for heart related illnesses. Funds raised will support the patient screening initiative of the Heart Foundation of Jamaica.

Registration Guidelines:

1. Individuals and teams can register and pay online using a Visa debit or any credit card at www.RunningEventsJa.com.

2. Donations - $1,500 per person. Teams of 50 persons or more - $1,200 per person. Teams of 100 persons of more will receive a complimentary team tent on race day. Entries are neither refundable nor transferable, and name changes are not allowed.

3. Complete and sign the Entry Form above and submit along with cash or cheque donation to The Heart Foundation of Jamaica, 28 Beechwood Avenue, Kingston 5. Cheques are to be payable to '*The Heart Foundation of Jamaica*'.

4. Registration closes **Saturday, January 26, 2019** or upon achieving the event limit, whichever comes first. **THERE IS NO RACE DAY REGISTRATION.**

5. Race packets must be collected before race day from The Heart Foundation of Jamaica, 28 Beechwood Avenue, Kingston on Thursday and Friday, January 31 - February 1 from 11:00am to 5:00pm and on Saturday, February 2 from 9:00am - 12 noon. **THERE IS NO NUMBER PICK-UP ON RACE DAY.**

6. Your bib is labeled with your name and marked for the event you entered. Do NOT switch or give your bib to anyone. Each participant is responsible for knowing and complying with all the official rules and regulations. Failure to comply with the rules of the event will subject you to disqualification.

Race Information & Registration
The Heart Foundation of Jamaica • Tel.: (876) 929-3195 / 619-7007-8 • Email: 5krace@heartfoundationja.org
Running Events Jamaica • Tel.: (876) 967-4903 • Email: info@RunningEventsJa.com • Website: www.RunningEventsJa.com

RUNNING EVENTS JAMAICA