



Sunday, January 21, 2018
Emancipation Park, New Kingston
Race Start - 7:00am

Select race event and entry package below.
Race Event: Run/Walk
Basic Heart: \$1,200, Regular race entry, 10% discount on cholesterol or ECG test
Premium Heart: \$3,200, Premium race entry with light breakfast, ECG test
Elite Heart: \$6,500, Premium race entry with light breakfast, Sudden Cardiac Arrest (SCA) screening, One year general membership

Last Name, First Name, M.I., Date of Birth (Day, Month, Year), Age (Race Day), Gender (M/F), Contact Number

Email

Entry Type: Individual/Team, Name

EMERGENCY CONTACT

Last Name, First Name, Contact Number, Relationship

Indemnity (All Participants must sign this Waiver):

In consideration for me being permitted to participate as an entrant or competitor in the Heroes Of The Heart 5K, I, my heirs, executors and administrators hereby release, waive and keep indemnified Running Events Limited and all clubs, associations, companies, sponsors, participants, competitors, entrants, and all of their respective agents and servants from and against all actions, claims, costs, expenses, demands in respect of death, injury, loss or damage to my person or property howsoever caused by arising out of my permission to attend, or in any way participate during or subsequent to the said Heroes Of The Heart 5K whether as spectator, participant, or competitor, entrant or otherwise, notwithstanding that the parties abovementioned, their servants and/or agents may have contributed to the aforesaid injury, death or loss. Further, the participant grants full permission to any or all of the releases to use any photographs, video tapes, motion pictures, recordings, and any other record of this event for any legitimate purpose. Running Events Limited retains the property in all photographs, video and audio material arising from the event and reserves the right to use all such images and sound as it sees fit for legitimate purposes without the participant's consent. If the participant is younger than 18 years old, the parent or guardian should accept the Indemnity.

Signature: _____ Date: _____
If you are under the age of 18, you must have a parent or guardian's signature.

Heart disease is the leading cause of death in Jamaica. The Heroes Of The Heart 5K provides an opportunity for Jamaicans to come together with family and friends to support the fight against heart disease. The 5K will provide a platform to raise awareness whilst allowing everyone the opportunity to learn ways to reduce their risk for heart related illnesses. Funds raised will support the patient services initiative of the Heart Foundation of Jamaica.

Registration Guidelines:

- 1. Individuals and teams can register and pay online using a Visa debit or any credit card at www.RunningEventsJa.com.
2. For manual registration, submit completed Entry Form along with cash or cheque payment at The Heart Foundation of Jamaica, 28 Beechwood Avenue, Kingston 5 or at Running Events Limited, 87-89 Tower Street, Kingston.
3. Entries are neither refundable nor transferable, and name changes are not allowed.
4. Registration closes Monday, January 15, 2018 or upon achieving the event quota, whichever comes first. THERE IS NO RACE DAY REGISTRATION.
5. Race packages must be collected before race day at The Heart Foundation of Jamaica, 28 Beechwood Avenue, Kingston 5 on Friday, January 19 from 11:00am to 5:00pm or on Saturday, January 20 from 1:00pm to 4:00pm. THERE IS NO NUMBER PICK-UP ON RACE DAY.

Registration & Race Information

The Heart Foundation of Jamaica • Tel.: (876) 926-4378 • 5krace@heartfoundationja.org
Running Events Limited • Tel.: (876) 967-4903 • Email: info@RunningEventsJa.com

